

Cole Harbour Camp -- July 10th - 14th, 2009

Participant's Daily Schedule

<i>Group One (95's & Older)</i>	<i>Group Two ("Elite")</i>
<i>Friday, July 10th</i>	<i>Friday, July 10th</i>
9:30am – 10:00am – Registration	9:30am – 10:00am – Registration
10:00am – 11:00am - Classroom	10:00am – 11:00am - Classroom
11:30am – 1:00pm – On Ice	11:30am – 12:15pm – Off Ice
1:30pm – 2:15pm – Off Ice	1:00pm – 2:30pm – On Ice
2:30pm – 3:00pm - BREAK	2:30pm – 3:00pm - BREAK
3:00pm – 4:30 pm – On Ice	3:15pm – 4:00pm - Off Ice
5:00pm – 5:45pm – Off Ice	4:30pm – 6:00pm – On Ice
<i>Saturday, July 11th</i>	<i>Saturday, July 11th</i>
9:30am – 11:00am – On Ice	9:30am – 10:15am Off Ice
11:30am – 12:15pm - Off Ice	11:00am – 12:30pm – On Ice
12:30pm – 1:00pm - BREAK	12:30pm – 1:00pm - BREAK
1:00pm – 2:30pm – On Ice	1:15pm – 2:00pm – Off Ice
3:00pm – 3:45pm – Off Ice	2:30pm – 4:00pm – On Ice
<i>Sunday, July 12th</i>	<i>Sunday, July 12th</i>
8:00am – 9:00am – Classroom	8:00am – 9:00am – Classroom
9:30am – 11:00am – On Ice	9:30am – 10:15am Off Ice
11:30am – 12:15pm - Off Ice	11:00am – 12:30pm – On Ice
12:30pm – 1:00pm - BREAK	12:30pm – 1:00pm - BREAK
1:00pm – 2:30pm – On Ice	1:15pm – 2:00pm – Off Ice
3:00pm – 3:45pm – Off Ice	2:30pm – 4:00pm – On Ice
<i>Monday, July 13th</i>	<i>Monday, July 13th</i>
9:30am – 11:00am – On Ice	9:30am – 10:15am Off Ice
11:30am – 12:15pm - Off Ice	11:00am – 12:30pm – On Ice
12:30pm – 1:00pm - BREAK	12:30pm – 1:00pm - BREAK
1:00pm – 2:30pm – On Ice	1:15pm – 2:00pm – Off Ice
3:00pm – 3:45pm – Off Ice	2:30pm – 4:00pm – On Ice
<i>Tuesday, July 14th</i>	<i>Tuesday, July 14th</i>
8:00am – 9:00am – Classroom	8:00am – 9:00am – Classroom
9:30am – 11:00am – On Ice	9:30am – 10:15am Off Ice
11:30am – 12:15pm - Off Ice	11:00am – 12:30pm – On Ice
12:30pm – 1:00pm - BREAK	12:30pm – 1:00pm - BREAK
1:00pm – 2:30pm – On Ice	1:15pm – 2:00pm – Off Ice
3:00pm – 3:45pm – Off Ice	2:30pm – 4:00pm – On Ice